



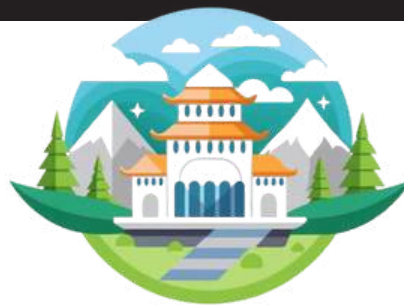
LADAKH  
TOUR 2025

A Good Vibrations High Pass Ride  
Dates 9th - 22nd June, 2025



A motorbike tour for heart & soul

Monasteries,  
Mountains &  
Serenity



INDIA

Ride in Ladakh

1235 KM **14 DAYS, 13 NIGHTS** LEVEL: INTERMEDIATE

ACCOMODATION: ★★★★★ & ★★★★★ HOTELS

FROM USD \$2800  
PER PERSON

+91-9558110829 - - - - - kick - start - - - - - [www.gvmtindia.com](http://www.gvmtindia.com)





With team Good Vibrations  
LADAKH TOUR  
***Good Times, Adventures,  
and Stories are guaranteed!***





# Highlights:





# Land of High Passes And Monasteries

Are you ready for the ultimate adventure on two wheels?



This tour is about more than just the physical journey. It is impossible to ride in Ladakh and not find yourself feeling a deeper connection with your true self and embracing new perspectives and possibilities for your life.

Join your host Jonathan Spark for a transformative journey through the breathtaking landscapes of Ladakh. This is not your average motorcycle tour - it's a chance to explore your outer and inner worlds, to challenge yourself body and soul.



Our route takes us through some of the most stunning scenery in the world, from snow-capped mountains to rugged valleys with hidden crystal-clear lakes.

Along the way, we'll stop at unique villages built to survive the land, ancient monasteries, and hidden gems that few tourists ever see!

As we ride through Ladakh, we'll encounter challenges and obstacles that will test our courage and resilience. But we'll also experience moments of pure joy and wonder, as we connect with the beauty and majesty of this incredible region. So, if you're ready for an adventure that will change your life and fill you with awe and memories, join us for a Good Vibrations Motorcycle Tour through Ladakh. It's a journey you'll never forget.



**Scenic beauty:** See sights few world travelers get to see in this remote part of the world.

**Cultural experience:** Ladakh is home to a unique blend of cultures, including Tibetan Buddhism, Islam, and Hinduism. As you ride through the region, you'll have the chance to visit ancient monasteries, traditional villages, and bustling markets, where you can learn about the local customs and way of life.

**Adventure:** Riding a motorcycle through Ladakh region is known for its challenging roads, high altitude, and unpredictable weather. But for those who are up for the challenge, it's an adventure of a lifetime! The time of year we ride can bring cool nights and warm days, so layer up!

**Spiritual exploration:** Ladakh is a spiritual center, with many monasteries and meditation centers scattered throughout the region. As you ride through the mountains and valleys, you can take time to reflect, meditate, and connect with the natural world around you.

**Camaraderie:** Touring through Ladakh on a motorcycle is a great way to connect with like-minded people who share a sense of adventure and exploration. Bond over the challenges of the road and the joy of discovering new places together.



## Your Host

Jonathan with his wife Yasmeen have led many tours and retreats in different parts of the world. He specializes in creating an inner journey of discovery as much as an outer adventure. With 29 years of experience supporting people in their



healing and well-being, Jonathan brings care, thoughtfulness and humour to this unforgettable adventure. The Good Vibrations Team partner with leading local operators in Leh and Manu Singh Jonathan's business partner is a master tour operator with 20 years' experience, ensuring you are supported from your arrival in Delhi to your departure.

The following itinerary gives a broad insight into the tour, what cannot be included are the many spontaneous and special experiences that India always provides. Along the way Jonathan will be supporting the discoveries, connections and transformational experiences along your journey, India's culture and spirituality has the ability to awaken the heart and soul and help reveal a new sense of life.

# Adventure Begins...

A soulful journey that will ignite your senses.

**Dates** 9th - 22nd June, 2025

## Day 01: - Arrive Leh

Upon arrival at Leh Airport you will be met by our representative and transferred to your Hotel for Check in. Complete day for rest and leisure to acclimatize. This is very important as we are already at 11,550 ft.

Overnight at Hotel.

## Day 02: Leh to Timosgang via Lamayuru (150kms)

Post breakfast we ride towards Gurudwara Pathar Sahib Nestled deep in the Himalayas, which was built by the Lamas of Leh in 1517 to commemorate the visit of Guru Nanak Dev. A ride of another 4 km takes us to Magnetic Hill a romantic, desolate valley that seems to defy the laws of physics.

Riding deeper into the Ladakh valleys and we reach the confluence of the Indus and Zaskar river 4 km before Nimmu village. These ancient rivers carry the history and heart of this region.

Visit to the magnificent Alchi Gonpa: 70 Kms from Leh, on the banks of the Indus, is the Alchi Gompa dating a thousand years back.





One of its walls features thousands of miniature sized pictures of the Buddha. With it's three giant sized Buddha's made of clay and painted brightly you will be struck by the sense of devotion and peace these ancient places hold.

Our ride then takes further up into 'Moonland' and the Lamayuru monastery which is the oldest monastery in Ladakh. A town built around one mans quest for the divine and journey into the deepest inner world. The landscape certainly lives up to it's name.

After enjoying the fascinating view of granite colour soil and rocks. We race the twisting valley roads to a high point for the most wonderous views. Return ride along the road to Timosgang and our hotel.

Overnight stay at Temisgam.

### **Day 03: Temisgam local**

After breakfast start our local sightseeing with Tia monastery and Tingmosgang monastery. This whole area deserves our time and attention. So rather than racing through it we have a day to explore this region with its hidden meditation caves and villages where time has stood still. With time to enjoy our wonderful accommodation.

Over night stay in Temisgam.



## **Day 04 : Tingmosgang to leh (approx. 120km)**

After breakfast we ride high up the back roads towards leh Via Hemi Shukpachan Village and the huge gold Bhuddha who keeps watch over the valley. Visit Likir monastery on our way back to Leh.

Overnight stay at Leh.



## **Day 05: - Leh to Nubra Valley and Hunder (125 Kms / aprx. 06 hrs)**

After an early breakfast we drive to NUBRA VALLEY leads through KHARDUNG-LA-PASS (one of the highest motorable roads in the world) at 18,390 ft, around 39 kms from Leh. This road is a highlight of the ride. The ride up is mesmerising the ride down pure exhilaration! Nubra Valley is popularly known as Ldorma or the valley of flowers. It is situated to the North of Ladakh between the Karakoram and Ladakh ranges of the Himalayas.

Arrive Hunder by afternoon and rest of the day at leisure to explore beautiful village of Hunder with a Visit to Diskit Monastery.

Overnight stay at Camp.

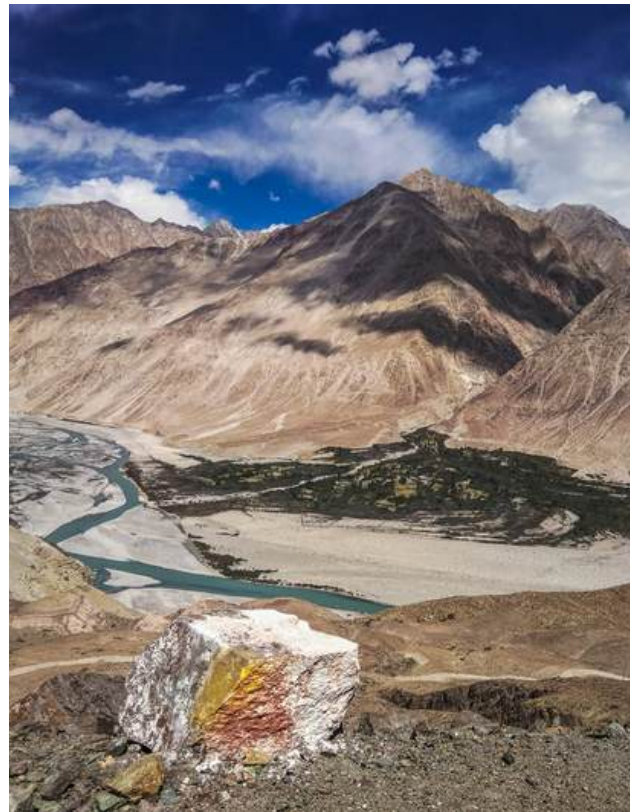




## **Day 06: Hunder to Turtuk Valley and back to Hunder. (190km return)**

Turtuk is the last village on the Indian side of the boarder and was part of Pakistan until 1971. The Balti people are unique to this region and culture of Turtuk is very distinct. Known for their production of fruit including oils from the stones of the fruits. You will be captivated by the timelessness of this region in the shadow of K2.

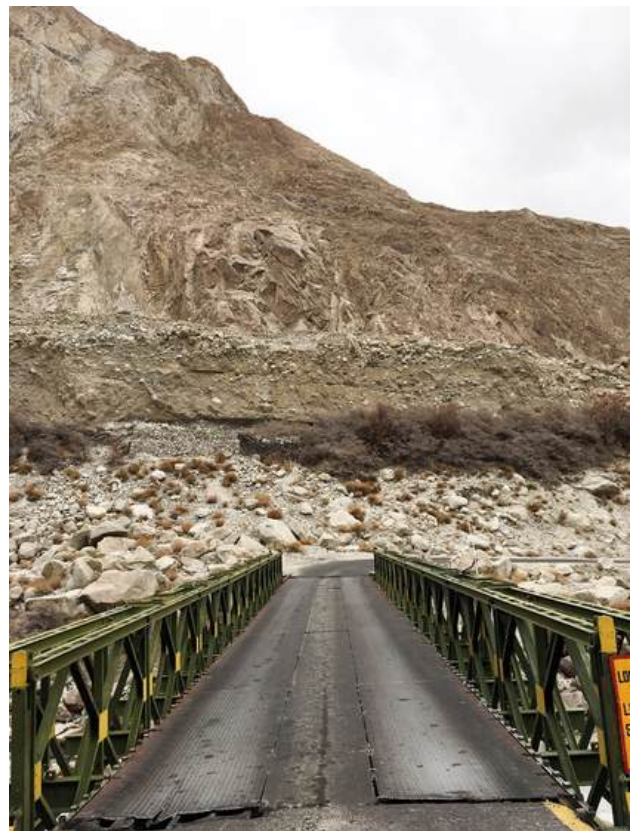
Dinner and Overnight at Hunder.



## **Day 07: Hunder to Sumur Via Panamik Hotspring (85kms)**

After breakfast ride the river flats towards Sumur monastery, and the Panamik hillside Hot spring. Bring your bathers, these hot water run out of the hillside and give a stunning view of the valley you have ridden up.

Over night stay at the tree lined village of Sumur



## **Day 08: Sumur Nubra Valley to Pangong Lake via Shayouk river(156kms)**

After your breakfast ride to Pangong Lake Via Shayouk River. A ride of both challenging river track and twisting blacktop. Depending on how the winter has treated the road.

Pangong Lake, situated at 14,000 feet (4,267 m). A long narrow basin of inland drainage, hardly six to seven kilometers at its widest point and over 130km long. It is bisected by the international border between India and China.

A few years back the government decided to open it to tourists. Though you still feel the presence of the boarder and the constant patrolling required. With the barren, yet colorful mountains holding the background of the Lake.

This high-altitude wonder will have you feeling so close to nature and close to the heavens in an environment that is unforgettable. This wild, austere and decidedly beautiful landscape is a natural wonder.

Evening at leisure and overnight stay at the Camp on the shore of the Lake.





## **Day 09: Pangong Lake to Hanle (175 Kms / 6-7 hrs )**

After breakfast check out from hotel and once more mount our Enfield's, that by now you will be experiencing a very intimate friendship with and ride to Hanle, by crossing Chushul Village, Tsaga La (15,200 Ft). Enjoying the ride upto Hanle, home to the Indian Astronomical Observatory.

The location of the village and the observatory are highly sensitive due to the close proximity of the Tibetan / Chinese border, India set up the Himalayan Chandra Telescope, a 2m gamma ray telescope.

Once complete, the Chandra Telescope will be the world's largest telescope at the highest altitude and the second largest gamma ray telescope in the world.

There is rich history in this region, fort over by kings and rulers, it is believed that King Singge Namgyal died here at Hanle while on his return from an expedition against the Mongols.

Enjoy the stay with locals at local guest house. Overnight stay at Hanle.



## **Day 10: Hanle to Umling La Back to Hanley (108 Km)**

After Breakfast we ride towards Umling La Pass, located at a distance of 108 kilometers from Hanle; in the direction of the village of Demchok; in Changthang Valley of Ladakh region.

Umling La or Umlung La is the highest paved road and mountain pass in the world, (19,024 ft – 5799m).

Located in Ladakh , India, on the ridgeline between Koyul Lungpa and the Indus river near Demchok.

This is another big day's ride which will gift you one of the grand experiences of your motorcycling and travel life. Having been only open for a few years, you will add yourself to the early conquerors of this highest of passes.

*Memories will be made on this day for sure!*

Over Night stay at Hanley .





## **Day 11: Hanle to Tso Kar Lake(145km)**

After Breakfast mount up and ride towards Tso Kar via Puga Valley. A mix of black top, sandy and off road will greet us. This most remote region of Ladakh is dotted with few villages and nomad tribes. The high lake of Tso Kar is a beauty, alive with dancing mini tornados of sand and salt.

Overnight stay at Tso Kar with our friends at Druk Resort Tsokar.



## **Day 12: Tso Kar to Leh**

After breakfast and a farewell we ride towards Leh Via Taklang la. Through valleys that appear to be made of petrified Dinosaur, past huge white stupors and beautiful villages. This last days ride back towards the Indus river will have you riding in the moment, influenced by the Buddhas energy and peace of this high region.

Overnight stay at Leh.



## **Day 13: Leh local sightseeing - Rest Day**

After breakfast start you have a day to explore the pretty town of Leh, have a massage, visit the local barber. Explore the local palace and monastery. This is a relaxed day which finishes with our finale celebratory dinner together. Overnight stay at Leh.



## **Day 14: Depart Leh (Fly Out) Tour concludes**

Transfer to Domestic Airport to catch the flight for your onward Destination.

**THE JOURNEY ENDS  
WITH FRIENDSHIPS, STORIES, & EPIPHANIES.**



<b>Dates</b>	<b>Destinations</b>	<b>Hotels 3 ***</b>
9 June	Delhi - Leh (Flight)	Royal Ladakh
10 June	Leh - Temisgam	Namra
11 June	Temisgam	Namra
12 June	Temisgam - Leh	Royal Ladakh
13 June	Leh - Hunder	Walnut Inn
14 June	Hunder	Walnut Inn
15 June	Hunder - Summor	Osay Khar resort
16 June	Summor - Pangong Lake	Royal Rebo
17 June	Pengong Lake - Hanle	Hanle House
18 June	Hanle	Hanle House
19 June	Hanle - puga - Tso Kar Lake	Druk Tsokar lake
20 June	Tso kar Lake - Leh	Royal Ladakh
21 June	Leh	Royal Ladakh
22 June	Leh - Delhi (Flight)	





## **COSTS:**

**COST BASED ON A GROUP OF 12 PAYING TRAVELLERS TRAVELLING TOGETHER.**

COST FOR RIDER SHARING WITH PILLION:  
**USD \$2800** PER PERSON IN ONE DOUBLE/TWIN SHARING ROOM.

COST FOR PILLION SHARING THE ROOM WITH RIDER:  
**USD \$2500** PER PERSON IN ONE DOUBLE/TWIN SHARING ROOM.

COST FOR THE RIDER NOT SHARING THE RIDE  
[OWN BIKE / BUT SHARING THE ROOM]  
**USD \$3100** PER PERSON IN ONE DOUBLE/TWIN SHARING ROOM.

COST FOR THE RIDER NOT SHARING THE RIDE AND ROOM  
[OWN ROOM / OWN BIKE]  
**USD \$3500** FOR ONE PERSON IN ONE SINGLE ROOM  
[NOT SHARING THE BIKE AND ROOM WITH ANYONE]



## **COST INCLUDES:**

- HOTEL ACCOMMODATION FOR 13 NIGHTS
- DAILY BREAKFAST AND DINNER AT ALL HOTELS
- 12 LUNCHES AS PER ABOVE ITINERARY
- ROYAL ENFIELD HIMALAYAN MOTORCYCLE [411 CC] AS PER ABOVE ITINERARY ALL AIRPORT TRANSFERS IN PRIVATE VEHICLE WITH DRIVER
- DOMESTIC FLIGHT FROM DELHI TO LEH AND LEH TO DELHI IN ECONOMY CLASS
- ENGLISH SPEAKING TOUR LEADER FROM DAY 2 TO 12 IN LADAKH
- EXPERT AND PROFESSIONAL MECHANIC OF ROYAL ENFIELD MOTORCYCLE
- A SUPPORT VEHICLE WITH DRIVER FOR ENTIRE TRIP
- THIRD PARTY MOTORCYCLE INSURANCE
- MONUMENT FEE AS PER THE ITINERARY

## **COST DOES NOT INCLUDE:**

- MANDATORY INSURANCE: AN INSURANCE THAT COVERS MEDICAL EXPENSES AND LEGAL ASSISTANCE REPATRIATION, WHICH COVERS YOU FOR ACCIDENTS WITH TWO-WHEELED VEHICLES (LARGE-DISPLACEMENT) VISA FEE AND INTERNATIONAL FLIGHTS
- TIPS TO GUIDE AND SUPPORT STAFF
- DRINKS AND WATER DURING MEALS
- SOUVENIRS AND PERSONAL EXPENSES
- ANYTHING NOT MENTIONED UNDER “COST INCLUDES”

# Checklist

## **BAGS**

- Duffle bag (with some plastic bags to protect the contents) or large backpack without an external metal frame. You can lock it with a padlock. Possibly a backpack cover. Before leaving, attach a label to your bag with your contact details and India Personal Tour's contact details.
- A small backpack of 10/20 litres for the daytime (camera, sunscreen lotion).
- For people sensitive to the cold: a warmer sleeping bag, e.g., suitable for -10 °C, or an extra duvet. A sleeping bag liner is recommended.

## **SPECIAL MOTORCYCLE EQUIPMENT**

- Waterproof motorcycle boots or trekking shoes (waterproof overshoes)
- Motorcycle jacket (leather or textile) with protections
- Riding gloves
- Sunglasses
- Helmet (mandatory!)
- A rain suit (just in case!)
- Bungee cords if you want to tie your bag to the motorcycle

## **Clothes and Personal Equipment**

- Light cotton pants
- Shirts, T-shirts (long-sleeves are better to protect you from the sun)
- Warm jumpers and a fleece jacket
- A sleeping bag and/or sleeping bag liner is recommended
- A swimming costume
- Good pair of sunglasses
- A buff or a riding dust mask
- Hat or cap
- Pair of lightweight shoes (trainers) or trekking shoes
- Pair of sandals or flip-flops
- Some sweets and cereal bars

## **Personal First Aid Items**

- High-factor sun cream
- Moisturising lip balm
- Broad-spectrum
- antibiotics Paracetamol
- Antidiarrheal medication
- Elastoplast
- Skin disinfectant
- Dressings





## **GOOD VIBRATIONS MOTORCYCLE TOURS PRIVATE LIMITED**



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